

Rescue Plan Guide

Important: This Document provides guidance only for developing site-specific working heights rescue plans.

Date: _____ Job Description: _____

Location: _____

Contacts:

Rescue Equipment

Critical Rescue Factors:

Rescuers:

- ☐ Ladder
☐ Anchor Point
☐ Rescue Pole ☐ First Aid Kit
☐ Rescue Rope ☐ Life Ring

Competent Person:

- ☐ Crane
☐ Scaffold
☐ Aerial Lift
☐ Alternative Lifting & Lowering Device

Landing Area:

Emergency Contact:

Method of Contact:

- ☐ Verbal / Face to face
☐ Radio Channel

☐ Phone Number

☐ Other

Location of Equipment

- ☐ Job Site
☐ Gang Box
☐ Shop
☐ _____

Rescue Obstruction / Hazards:

Check for Yes

Comments:

- ☐ Have alternatives to using fall arrest equipment been considered? _____
☐ Has rescue equipment been inspected and found in good shape? _____
☐ Is equipment adequate for the rescue plan? _____
☐ Have communication devices been identified, located, & tested? _____
☐ Are all rescuers' familiar with the use of the rescue equipment? _____

Describe the tasks that will be done prior to work to prevent a fall and the step by step process that will be followed in the event of a fall.

Pre Work Tasks:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Response Procedure:

1. Notify Emergency Contact.
2. Make medical assessment of person
3. If possible have employee perform self-rescue
4. _____
5. _____